

National ayurveda research and training center (NARTC) conducted training workshop on Management of anorectal diseases by Kshar Sutra. The purpose of the training workshop was to upgrade the knowledge and skills of the participants in the overall management of anorectal diseases by Kshar Sutra. The training was conducted from 26th to 28th Bhadra, 2081 at Seminar hall of NARTC in Kirtipur.

The course was targeted to ayurvedic health professionals (Ayurvedic Paramedics) who were interested to upgrade their knowledge and skills in clinical and surgical practice in anorectal diseases by Kshar Sutra. Participants were expected to have through the Ano-rectal knowledge of anorectal diseases and Kshar Sutra therapy so that they could perceive all the contents of training with ease and understand to its depth. Thirty participants attended the training. Participants were from non-government and government officials and having through theoretical knowledge of anorectal diseases and Kshar Sutra therapy. Participants came to attend the training from all over the places of Nepal.

The financial support for the training was provided by GoN. The arrangement of the training was managed and conducted by the training section of NARTC, which include organizational and logistics management of training materials, refreshment arrangement, coordination with staffs, etc. Facilitators were anorectal diseases experts having sound knowledge and long clinical and surgical experience.

The training workshop was conducted according to the developed design assigning sufficient time for different training activities. Facilitators presented concepts which were followed by discussions and explanations. To make more familiarize with the topic, practical sessions were conducted at Salya Department of National ayurveda research and training center (NARTC), Kirtipur. Participants were also provided with training materials for future use.

1.1 Objectives

The general objective of the advanced training workshop was to upgrade the knowledge and skills of the participants in overall management of anorectal diseases by Kshar Sutra through learning by doing approach.

The specific objective of the training workshop was:

- ❖ To enhance the theoretical knowledge of the participants on anorectal diseases and Kshar Sutra.
- ❖ To upgrade the practical knowledge and skills of the participants on anorectal diseases and their management by Kshar Sutra.

1.2 Expected outcome

At the end of the training sessions participants were expected to get impression on the following:

- ❖ Knowledge on anorectal diseases and Kshar Sutra therapy.
- ❖ Skills required for performing Kshar Sutra therapy.
- ❖ Provide feedback on contents of training course.

2. Training Workshop Design



S.N	Name	S.N	Name
1	Sanjay Kumar Shah	11	Subidhya Duwadi
2	Shailendra kumar Thakur	12	Durga Gautam
3	Dr, Raj Kumar Mahato	13	Uma Devi Neupane
4	Raja Ram Baduwal	14	Indira Pandit
5	Pramod Kumar Yadav	15	Pabitra Pokrel
6	Basanta Kumar Thakur	16	Navraaz Pokrel
7	Nanda Prasad Neupane	17	Puran Leheri
8	Shatish Kumar Shah	18	Arbind Kumar Morbaita
9	Lalit Thapa	19	Rajendra Pokhrel
10	Diwakar Joshi	20	Anil Kumar Sing

Photographs



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Name List of Participants

S.N	Name	S.N	Name
1	Mr. Dinesh Sah	11	Mr. Rabindra Prasad Bhattarai
2	Ms. Kamala Bahakari	12	Mr. Pradip Babu Duwadi
3	Ms. Manju Subedi	13	Mr. Uma Shankar Sah
4	Mr. Manjushree Thakur	14	Mr. Rudra Narayan Mahato
5	Ms. Rabina Chaudhary	15	Mr. Ram Ashwary Prasad Sah
6	Ms. Suman Timsina	16	Mr. Dinesh Raj Paneru
7	Mr. Bijay Kumar Chaudhary	17	Mr. Shiva Prasad Aryal
8	Mr. Jiban Kumar Rai	18	Ms. Kamala Balayar
9	Mr. Ramesh Tharu	19	Ms. Rinku Kumari
10	Mr. Tulchhi Ram B.K.	20	Mr. Bidur Pandey

Photographs

